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S. R. S. Doc. 48. Ext. N.

**COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS.**

U. S. DEPARTMENT OF AGRICULTURE  
AND STATE AGRICULTURAL COLLEGES  
COOPERATING.

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WASHINGTON, D. C.

**BOYS' AND GIRLS' CLUB WORK.**

# PLANT A GARDEN.

The family living can be improved and the cost reduced by having a good garden.

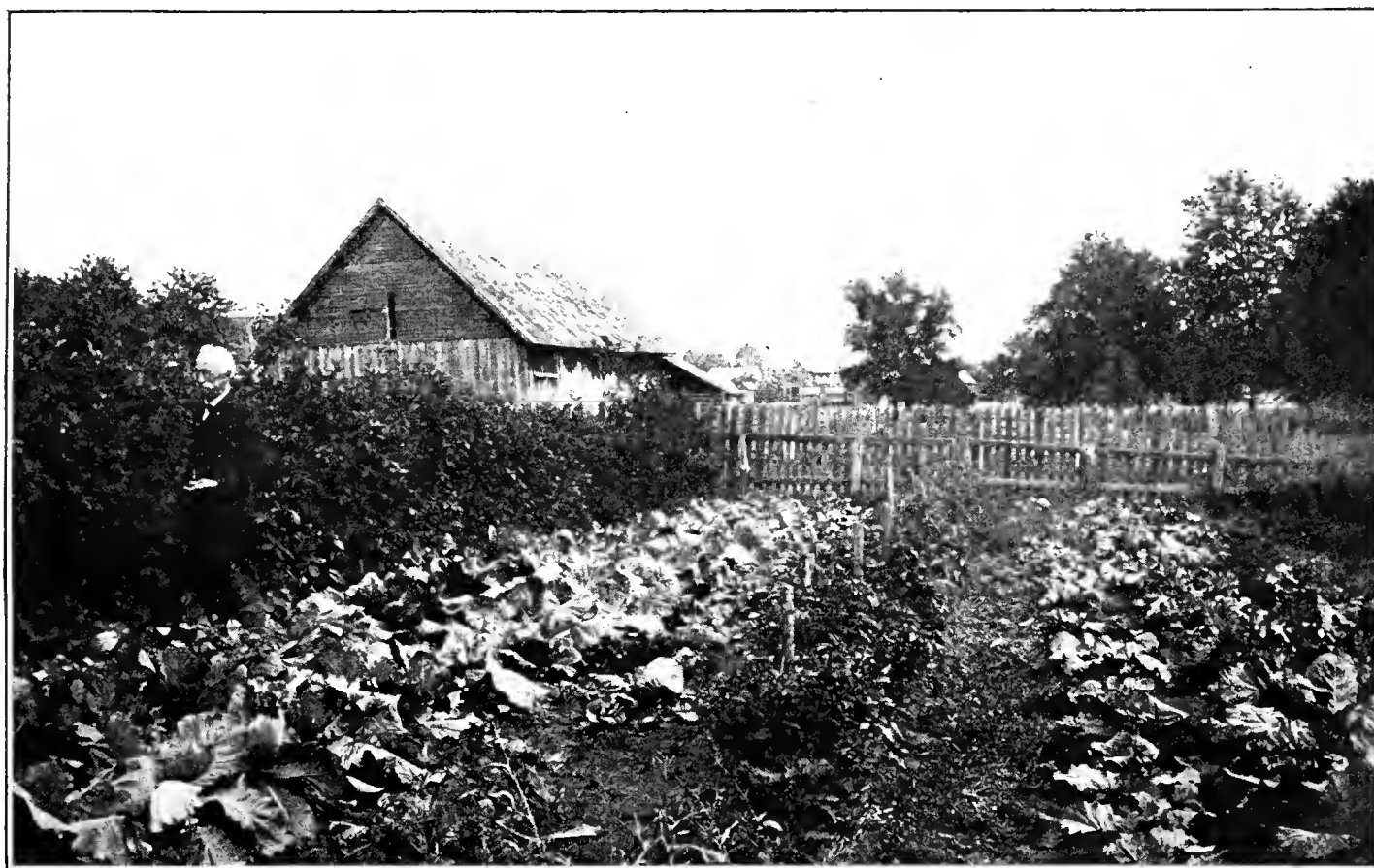


FIG. 1.—A farm garden promising abundance and variety for the table.

**Why not**

- A better garden with more canned and stored vegetables on every farm?
- A garden in the back yard?
- Vacant town lots cleaned, prepared, protected, and planted to vegetables?
- A pantry full of food supplied by the garden in every home the coming winter?

**PLAN FOR A GARDEN.**

## GET READY FOR THE GARDEN NOW.

Plant tomato and cabbage seed now in window boxes or cold frames.

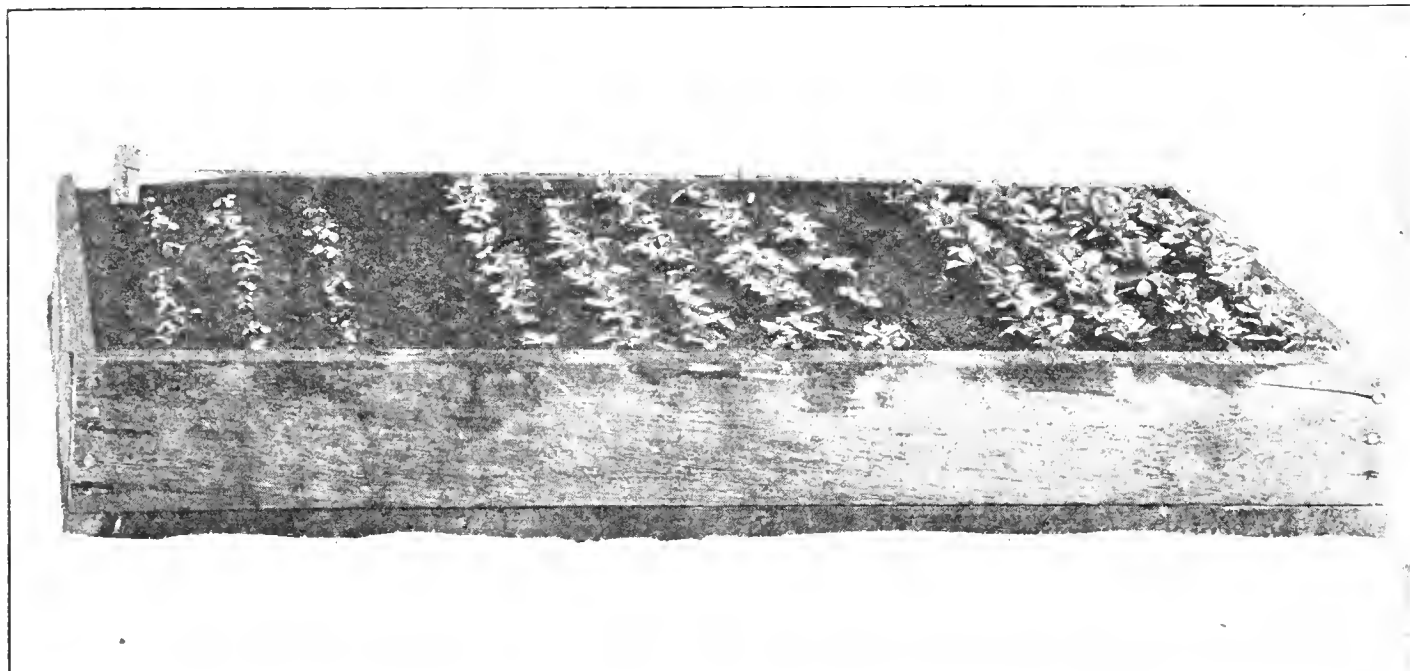


FIG. 2.—Seed box in which vegetable plants are being grown for transplanting.

**Now is the time—**

To buy your garden seed.

To get your manure or fertilizers.

To clean up the garden.

**Don't wait for the warm weather.**

**Plan the garden on paper.**—You can grow more on the same land that way. Make it a matter of family counsel, then all will be interested in it and help to make it a success.



FIG. 3.—A home garden tended by children.

**Plan to plant and to replant.**—Make the garden work all summer and fall. Get ready now; don't wait.

See that your fall garden plans call for the staple storage vegetables like potatoes, onions, beets, squashes, and the like.

## CAN THE SURPLUS FOR WINTER.

**It is easy to can early vegetables** and when canned they are always ready for the table. You can can peas, corn, early carrots, and beets, tomatoes, spinach; dandelions and other wild greens.

Don't fail to gather in season and can the wild things—like wild mustard, cowslips, pokeberry, etc.—they are wholesome food.

**Rapid "One Period Cold Pack"** canning directions can be secured upon request.

### GROW A PLENTY.

**Eat vegetables in season.** Can the surplus.

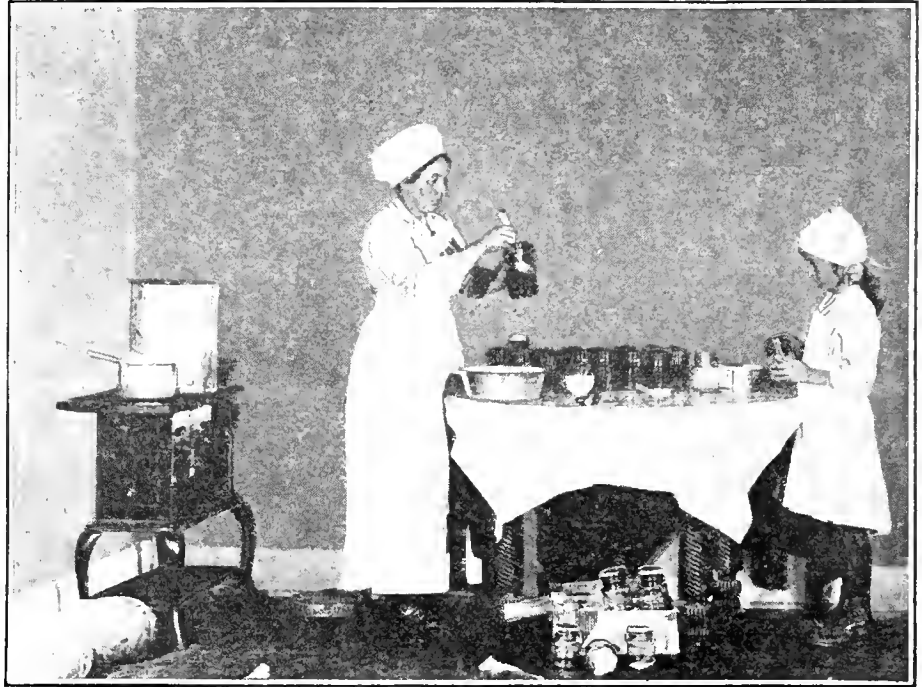


FIG. 4.—A mother-daughter canning club team.



FIG. 5.—A successful boys' club garden.

**Save the wastes of orchard, field, and garden by the new, easy home canning methods.**  
**Practice thrift** through production and food conservation.  
 The better the garden, the more saved for other comforts.



## MAKE THE HOME GARDEN A FAMILY MATTER.

The men and older boys will desire to do the heavy work.

The women and girls want to help in the work for more and cheaper food.

Every one in the family has a part in the garden program. It is a family job.



FIG. 6.—Girls' canning clubs help in the work for more and cheaper food.

### LET THE BOYS AND GIRLS JOIN A GARDEN AND CANNING CLUB.

Write your county agricultural agent or the extension director of your agricultural college for instructions and literature on boys' and girls' clubs and home garden making.

From the United States Department of Agriculture you can get other garden and canning literature.

